



Cathy King

Sustainability Expert, Speaker,
Writer, Professional Organizer

SIGNATURE TOPICS

Cathy is a sustainability expert driven to make sustainability actions as easy as turning on the lights for anyone. Cathy holds an MBA in Sustainability, 30+ years of corporate work experience. Cathy has combined her work experience and her passion for the environment to purposely deliver environmental goodness to customers through professional organizing, coaching, and speaking.

- ✓ Sustainable Lifestyle
- ✓ Sustainability and Self-care
- ✓ Sustainable Organizing
- ✓ Improving your Environmental Footprint
- ✓ Understanding Sustainability and How you can be the change

“Environmental change starts with each one of us taking small sustainable actions today that will result in a better world for all.”

SPEAKING TOPICS

SUSTAINABILITY BASICS

- Small steps to take at home & work - Getting Started
- Simple practical steps to transform your ECO footprint and save time and money.

SUSTAINABLE ORGANIZING

- How letting go can be life changing
- 5 Simple and effective points to help drive sustainable daily change
- Social Media Feature

SUSTAINABLE SELFCARE

- How making yourself more sustainable can bring you peace
- Small actions and tips to save money and live longer
- Ideas for change that are easy and will pay itself forward



Please feel free to reach out for any questions.



CREDENTIALS

Northeastern University Boston
MBA Sustainability
NAPO Virtual Chapter
Treasurer - Past VP
NAPO National Chair ECO
Special Interests Group
30+ years corporate finance
experience across multiple
global industries.

AFFILIATIONS



SOCIAL MEDIA

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Get in Touch!

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